

## What to give when:

## **KEEP HORSES ON REGULAR COURSES OF:**

- Pentosan Evolution or a combination of Pentosan Equine, Halo and Glucosamine
- Vitamin C (twice weekly)
- **L-carnitine** (twice weekly)
- Lactanase weekly (stop in last week before race)
- Tripart (twice weekly where necessary)
- Natrozol and Omoguard (daily where necessary)

## FINAL WEEK:

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4 days before:	Amino Max
3 days before:	DMG, Green Amino
2 days before:	DMG, Green Amino, Taipan, Cophos B, Pentosan Evolution
1 day before:	DMG, Green Amino, Taipan, Cophos B, Panacin
Morning before race:	Cophos B, L-carnitine, Green Amino
Before start:	Creatine Paste, Tranquil Paste (until relaxed,) AMP 5 (if lazy horse)
Between loops:	Recovery Paste, Energetic Isotonic, Tranquil (if needed)
Middle:	AMP 5 (if lazy)
2 - 6 hrs	Amino Max, Tripart, Recovery Paste, Lactanase
24 hrs after:	Amino Max, Vitamins
48 hrs, 72 hrs	Amino Max, DMG

**Note:** National authority regulations differ between countries, and from the FEI regulations. Please check with your authority and/or the FEI prior to following any protocol. This protocol does not include any injectables on race day, but where these are allowed then modifications and additions can be made.

